



**RYS 200**

Culpeper, VA 22701

[www.pranapiloga.com](http://www.pranapiloga.com)

571.233.9187 cell

## **pranapiloga Yoga Teacher Training Application**

This is an application for pranapiloga's 200-RYT Yoga Teacher Training and meets Yoga Alliance's standards. I understand that this program consists of:

- 200 Instructional Hours
- Asana Classes
- Related Classes
- Asana Class Observation
- Practice Teaching
- Required Textbooks
- Research Paper
- Presentation of Paper
- Written Final Test
- Teach a 60-min Asana Class

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

### **Program Interest**

Why do you want to be a yoga teacher? If you do not, why do you want to take this program?

Why are you interested in the pranapiloga yoga teacher training program?

### **Yoga Practice**

Have you practiced yoga before? If so, how long? What styles? Describe your current practice.

Do you have a teacher? If so, whom?



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### **Lifestlye**

Do the people in your life support your interest in yoga?

Do you foresee any issues with your commitment to this program?

Do you have medical information to share if you need accommodations?

### **References**

Provide the name, phone, email of 2 references.

1. \_\_\_\_\_

2. \_\_\_\_\_

### **Application Fee**

Check payable to pranapiloga: \$50 (non-refundable)

**Please mail your completed application and payment to:**  
pranapiloga YTT 628 Ripplebrook Drive, Culpeper, VA 22701