



**RYS 200**

767 Madison Road, Suite 116

Culpeper, VA 22701

[www.pranapiloga.com](http://www.pranapiloga.com) 540.317.5518

## **pranapiloga Yoga Teacher Training Application**

This is an application for pranapiloga's 200-RYT Yoga Teacher Training and meets all the requirements under Yoga Alliance's standards. I understand that this program consists of:

- 120 Classroom Hours
- 60 Hours of Classes – 48 Yoga, 12 Related (expense not included in tuition)
- 20 Hours of Self-Study
- Class Observation
- Co-Teaching
- Teaching Community Classes
- Required Textbooks (expense not included in tuition)
- Discussion Group
- Research Paper
- Project
- Practicum
- Test

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

### **Program Interest**

Why do you want to be a yoga teacher?

Why are you interested in this program?

### **Yoga Practice**

Have you practiced yoga before? If so, how long? What styles?



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Do you have a teacher? If so, whom?

Describe your current practice.

### **Life Balance**

Do the people in your life support your interest in yoga?

Do you foresee any issues with your commitment to this program?

### **References**

Submit 2 references (name, phone, email) – people that can confirm your yoga experience or personal references.

1. \_\_\_\_\_

2. \_\_\_\_\_

### **Application Fee**

Check payable to pranapiloga: \$50 (non-refundable)

### **Please mail your completed application and payment to:**

pranapiloga YTT Application

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